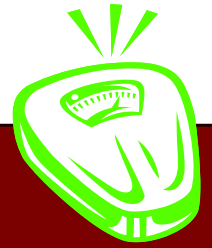


*Don't let the holidays weigh you down!*



★ ★  
**Zumba Fitness at**  
**Willoughby Hills Rec Center**  
*presents*

★ ★ ★ ★ ★  
**MAINTAIN DON'T GAIN**  
**HOLIDAY WEIGHT CHALLENGE!**

★ ★ ★ ★ ★  
**11/25 – 12/19/2013**

**Mondays and Thursdays**  
**6:30 pm**  
**Willoughby Hills Rec Center**



**RESIST** the gift of holiday weight gain!  
**REWARD** yourself with chances to win prizes!

Each week participate in a weigh in  
\$1.00 per weigh in

Gain more than 2 pounds = 1 ticket  
Maintain within 2 pounds (+/-) = 3 tickets  
Lose more than 2 pounds = 5 tickets

**WIN!**

**50/50 Raffle**  
**Zumba Class Pass for 10 classes!**